

2012 STATE OF THE CHILD IN CENTRAL OHIO

Kids face issues. Directions for Youth & Families helps kids succeed. Your support can make a difference for kids.

Issue:

In 2009, 17,308 charges against juveniles were filed in Franklin County. (Franklin County Clerk of Courts 2009 Annual Report)

Effect:

The cost to lock up a youth for a year is \$80,000. (Columbus Dispatch, Juvenile system slammed – Cruelty, fear pervade state lockups, report says, January 1, 2008) Diversion to community-based programs with counseling can be less than 5% of that cost. (Directions for Youth & Families costs)

Help:

100% of the 1,691 youth who completed services in the Directions for Youth & Families Outreach Counseling Program avoided contact with the juvenile court for one year following the end of services.

Issue:

In 2011, an 11% increase in calls to the Franklin County Children Services hotline resulted in 13,358 cases of suspected child abuse and neglect. (Columbus Dispatch, Children Services hot-line volume soars, February 24, 2012)

Effect:

After making sure children are safe, community-based programs with counseling and other services for families kept more children in their homes and helped parents change their behaviors. (Adapted from same Columbus Dispatch article)

Help:

86% of the 338 participants in Directions for Youth & Families Positive Paths Parenting program increased their knowledge of parenting skills by the end of services.

Issue:

A 2011 report from the Substance Abuse and Mental Health Administration revealed that 31.5% of adolescent admissions for addiction treatment first used their primary substance at age 11 or younger and the principal source of referral was the justice system. (The TEDS Report: Substance Abuse Treatment Admissions, Aged 12 – 14 (May 3, 2011) Center for Behavioral Health Statistics and Quality, SAMHSA)

ADAMH estimated in 2009 that 18,720 youth ages 5 – 17 needed services for alcohol and other drug abuse disorders. Only 7,180 youth (38.35%) received needed services. (ADAMH Services Board of Franklin County, 2009)

Effect:

Using drugs and alcohol at younger ages while their brains are still developing dramatically increases the likelihood of addiction and/or involvement in the juvenile justice system. The earlier a person begins to use, the greater the potential for addiction.

(Adapted from National Institute on Drug Abuse. http://www.nida.nih.gov/scienceofaddiction/addiction.html)

Help

In FY 11, Directions for Youth & families served 115 youth in its Family Outreach Substance Abuse Counseling (FOSAC) program. 86% of youth who completed the program reduced or eliminated their use of alcohol and/or drugs.

Issue:

Children are more likely to be exposed to violence and crime than adults are. In 2008, more than 60% of children (ages 17 and younger) were exposed to actual violence, not just violence depicted in the media. (Finkelhor, D., et al (2009) Children's exposure to violence. A comprehensive national survey. U.S. Department of Justice)

Effect:

The experience of violence can lead to lasting physical, mental, and emotional harm, whether the child is a direct victim or a witness. Children who are exposed to violence are more likely to suffer from attachment problems, regressive behavior, anxiety, and depression, and to have aggression and conduct problems. Other health-related problems, as well as academic and cognitive problems, delinquency, and involvement in the child welfare and juvenile justice systems are also associated with experience of violence. (*Ibid.*)

Help:

Directions for Youth & Families' services address numerous violence issues that kids encounter. Specific programs such as Children of Murdered Parents and Siblings and Children Who Witness Violence serve kids who have had direct experience with violence. Depending on the program and length of services, about two-thirds of youth served are better able to cope with the violence after completion of the programs.

Children who have been victims of sexual abuse are served by PROMISES. Last year, 75% of the 104 youth served demonstrated improvement in their personal goals, decreasing the negative effects of sexual abuse.

Issue:

It costs an average of \$227,000 to raise a child born in 2010 to age 18 – a large investment even when you are prepared to make it. (U.S. Department of Agriculture Report June 9, 2011) In Franklin County in 2008, 577 teens gave birth to children, 3% of total births. (Ohio Department of Health, Data Warehouse)

Effect:

Too many of those children are raising children without adequate education, income, parenting, or support systems. In 2010 in Franklin County, 43.6% of female-headed households with children under age 18 lived below the poverty line. Total for all families was 14.2%. (U.S. Census Bureau, American Community Survey, 2002 – 2010)

Help:

Directions for Youth & Families' My Best Self program with the Baby Think It Over component is a comprehensive pregnancy prevention program for at-risk youth and is provided in schools and community centers. All 1,571 youth served last year showed improvement in understanding the responsibility of parenthood based on pre- and post-testing.

Issue

Rearing children can be difficult for any parent, but parents who experience social and economic disadvantages may face additional challenges. (Child Trends' Disadvantaged Families and Child Outcomes: The Importance of Emotional Support for Mothers, 2012)

Effect

The recent study by Child Trends found that emotional support for mothers improves outcomes for children, even when controlling for family structure, income, gender, race/ethnicity, and child's age. Children whose mothers reported receiving emotional support during child rearing were more likely to be engaged in school and exhibit social competence than children whose mothers did not receive emotional support. (Ibid.)

Help:

Directions for Youth & Families' Ready, Set, Grow served 169 pre-school children and their families last year. Of those, 98% of families improved their home environment for their children's readiness to learn.

Bobby

Aspire to be Safe

Bobby is 6 year old boy who was referred to DFYF due to being sexually abused by his uncle over an extended period of time. As a result he was not speaking to anyone outside the home. He refused to speak to teachers or peers at school, and was not discussing feelings associated with sexual abuse to anyone. In the early childhood program the client's goals were to increase communication, process sexual abuse, and to develop healthy boundaries. Bobby has progressed tremendously over the past 5 months. In the worker's first session with the client he would only draw or use sign language to communicate, and now Bobby talks the entire session without hesitation. Bobby is talking to everyone at his school and participates in class daily. He has processed feelings associated with sexual abuse with his worker and is starting to heal from this experience. Bobby's mother reported that he is not the same kid from 5 months ago. Bobby is outgoing and has developed healthy friendships, and has begun to develop relationships with family members that he hasn't spoken to since he was 4 years old. Bobby has worked incredibly hard to work through these traumatic experiences, and his family is proud and thankful for the progress he has made.

PROMISES addresses the emotional, physical and behavioral problems faced by survivors of sexual abuse. The program helps children and teen survivors of sexual abuse to overcome their traumatic experience, prevents self-destructive behavior associated with sexual abuse, and teaches skills that help survivors and families prevent re-victimization.

Last year, 75% of the 104 youth served by Direction for Youth & Families demonstrated improvement in their personal goals, decreasing the negative effects of sexual abuse.





Youth Finds Help from Local Agency

COLUMBUS - In this world where tough times and hardship are the norm, it is not difficult for a child to fall behind in school. Wes T. is no exception. He was having a difficult time and was engaging in negative behaviors at home, which led to chronic truancy and failing grades. With poor organizational and decision making skills, he had only a 0.6 GPA and had several suspensions for fighting and insubordination on his record. Searching for an alternative academic program, his parents enrolled him in Crittenton Community School. Crittenton is a public charter school with the mission to empower students to become successful in the classroom and responsible members of community through a nurturing, individualized educational experience.

"Wes was repeating the 9th grade when he came to Crittenton, said Mr. S., Wes's teacher. "He was really struggling." Crittenton Community School's relationship with Directions for Youth & Families also provided additional help with a referral to their Building Bright Futures (BBF) program. Wes participated in the BBF program for

five months. During that time, he worked on improving his grades, organizational skills, behavior and peer choices. When he was nearing the end of his Building Bright Futures tenure, Wes was maintaining a 3.5 GPA and was on track to complete the 9th grade. At that time, Wes decided to self-enroll in another of Directions for Youth & Families' programs, Family Outreach Substance Abuse Counseling (FOSAC), to help him focus further on making healthy choices and maintaining his academic progress. "I really just needed a little more help to get where I want to be," explained Wes. "I want to graduate high school and with the help I'm getting from Directions, I'll be able to do it.

Wes continued to progress throughout 9th grade By the end of the school year, he had achieved a 4.0 GPA at Crittenton Community School and enrolled in a traditional school for 10th grade, well on his way to reaching his goal of graduation.

Crittenton Community School served 156 students in grades 6 – 9 last year, as an educational alternative for students who are at risk for dropping out of school due to academic failure, truancy, unruly behavior, or significant emotional disturbance. Directions for Youth & Families provided counseling for behavioral and emotional issues to 67% of the students.

Charlotte

I aspire to be happy again.

I'm writing to let you know that I'm not ok. I'm so mad and sad and frustrated that you are gone. Why did you do this to us and why did I have to be the one to find you? Dear Mom. I just don't understand any of it. I'm only 16... I should You should probably know that I'm living with Gina and still have a mom. It isn't fair. her mom. you remember Gina right? She's been a good ner mom. you remember oing right? one's been a good in.
friend to me. And her mom has been great. It. no questions asked and treats me real good. We live in a nice place too. Billy and Max don't live with us though. there isn't room. I don't see them very often. I've been working with this lady from this place called I ve been working with this lady from this place called by the standard of the pretty cool, she has been helping me try to feel better and talk about what I'm feeling. We are working on "normalizing my grief responses" whatever that means. normalizing my griet responses whatever that means.

I feel like it's helping some, but we've got a long way to I'm going to run track this spring and I'm trying to get I'm going to run track this spring and I'm trying to get my grades up. I'm gonna graduate and go off to college my grades up. I'm gonna graduate and go off to college make you proud go. I'm still pretty torn up. make you proud.

I love you so so so much!

XOXO Charlotte

School Connections provides school and home-based mental health counseling to students in selected South-Western City Schools who are currently experiencing or are at risk for mental and/or emotional problems, drug and alcohol abuse, or family dysfunction. The program also focuses on helping students with anger management, conflict resolution, and self-esteem issues.

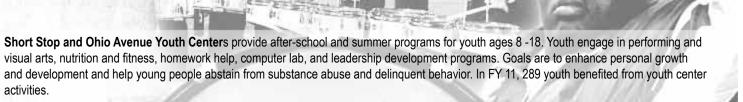
Of 437 students served last year, 74% of youth completing services improved their school performance.

Garrett

I aspire to be a Musician

Half time at a football game

That's my baby! That boy with the drums, fourth from the right, that's my Garrett! I am so proud of him! It hasn't always been easy with him, but look at him now! Just five years ago, he and I couldn't get along and he was back and forth between my house and his auntie's. I knew the boy could play, but between the trouble we were having at home and the issues at school, I wasn't sure he'd ever get the chance. We saw a real change in him when he started going to the Short Stop Youth Center. Have you heard of it? It is this really great youth center that has after-school and summer programming. Garrett was part of their music program, but they have art, dance and all kinds of stuff. Anyway, at the Short Stop, Garrett participated in a leadership program and was a music mentor to some of the younger kids there. It really focused him, gave him the discipline that he needed to really work on his talents. He can play five instruments; the drums are where he excels though. The experience he had at the Short Stop gave him so much confidence in his ability. He had offers from four other colleges to join their marching bands! I'm glad he chose this one though, because we can come see him play!



Sasha



Outreach Counseling Program helps children and their families deal with specific issues including grief, anger, and aggression to make better choices and improve behavior and family relationships.

Of 1,691youth who completed services in the program, 100% avoided contact with the juvenile court for one year following the end of services

Dear Ms. Kendra,

I am very glad my mother put me in this program.

Because if not I would be the same old me. And that wasn't a very good young lady. But now I'm doing very good. I'm being respectful to my mom and dad, making good grades, going to school every day. I'm just better now than I was before. And if it wasn't for you ms. K, I wouldn't even be thinking about graduating and going to college. I'm just glad I've changed and became a better me, so that I could have a better life in the future. Thank you very much for helping me with my behavior problems. And being more respectful to my parents.

Love Sasha

P.s.

Oh yeah, I've also learned to open up more and talk more about my feelings which was something I had problems with. And I also tell my mom the whole truth about everything now. Thanks a lot!!!! ©



My Best Self is a comprehensive teen pregnancy prevention program serving high-risk boys and girls, ages 11-18, in school and community-based groups. Youth learn to make more responsible, informed decisions about relationships. The interactive curriculum incorporates discussions on topics including reproductive anatomy and puberty, positive communication, decision-making, refusal and delay tactics, facts about sexually transmitted diseases, and the realities of pregnancy and parenting.

All 1,571 youth served last year showed improvement in understanding the responsibility of parenthood based on pre- and post-testing.

Drake Jaspire to go to College Drake is online Corey: DRAAAAAAAAAAAAKE! Drake: lol hey man Corey: What's up man? I haven't talked you in forever! Drake: Nothing, I've just been super busy Corey: I feel you; we need to get together soon. Drake: I'd like nothing more. What were you thinking? Corey: I scored an invite to an awesome party Friday night, wanna come? Drake: Friday's no good. My mom has to work, so I'm on Dad detail. Corey: Ok, how is he doing? Drake: He's been better. The cancer is rough, but the Parkinson's disease is really hard. Someone has to be with him all the time. He can't even feed himself any more. Corey: That sucks dude. You're a good son to help him out. Drake: I just do what I've gotta do. I'll look at Mom's schedule and see when I can get away for a few. I could really use a break. Corey: Maybe I can stop by and we could hang after school one night next week? Drake: That would be cool. Did I tell you we moved again? Corey: Again?! That's like the third time this year! Drake: Yeah, we keep getting kicked out because we can't pay on time. It's so hard now with only Mom working. I gotta find a job. 🌉 Corey: My cousin works at a restaurant. I'll talk to him for you if you like... Drake: That would be sweet. Thanks, man. Well I've gotta get back home. Corey: 18r Drake is offline

Directions for Youth & Families' Outreach Counseling Program helps youth address many challenges and issues. Focus is on helping youth build on their strengths, stay in school, look forward to a successful future and ways to cope with the challenges they currently face.

Monique

Aspire to be sober

LOST

I've been down this road before
It's all I know

It feels so good, but does it?
It is in my veins and all around me

It's all I can think about!



SOBER

HELP

I've got to get

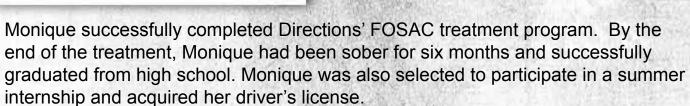
OUT

I want more

than this

Who can I turn to? Where can I 90? Progress
This is havd
I can dothis
I vegot todo
this

A slip I won't let it stop me.



Family Outreach Substance Abuse Counseling (FOSAC) provides home-based outreach services to youth, ages 12-18, having a history of substance abuse, delinquent behavior, and home and school problems. FOSAC was designed to provide individualized outpatient drug/alcohol treatment services to youth and their families. Last year, 115 youth were served, and 86% of those who completed the program reduced or eliminated their use of alcohol and/or other drugs.

Julio - Ready Set Grow

Aspire to be ready for Kindergarten



1515 Indianola Ave. Columbus, Ohio 43201 (614) 295-2661 fax: (614) 294-3247 When Julio started Preschool, his mother was the only person that could understand him and while he was excited about learning, it was hard for him to sit through the reading of a single book.

Name: Julio Age: 3

	Fre-screening	Mid Year Review
Language and Literacy	29-Aug-11	4-Jan-12
Speaks clearly enough to be understood	IP	Р
Shows appreciation for books and reading	NY	Р
Shows beginning understanding of concepts of print	NY	IP
Initiate, ask questions, and respond in conversation	NY	IP
Represent stories and ideas through pictures, dictation or writing	NY	Р

Mathematical Thinking

Count in sequence; state number that comes next	NY	Р
Shows beginning understanding of numbers and quantity	NY	IP
Begins to use simple strategies to solve math problems	NY	IP
Begins to recognize and describe the attributes of shapes	NY	Р
Participates in Measuring Activities	IP	Р

Personal and Social Development

Demonstrates self confidence	NY	Р
Follows rules and routines	IP	Р
Shows eagerness and curiosity	Р	Р
Interacts easily with one or more children or familiar adults	IP	Р
Participates in group	NY	IP

Julio participated in Directions' Ready Set Grow! program for three months. During that time, he has read and discussed books with his teacher, completed ABC and counting activities and played simple games emphasizing colors, shapes, letters and numbers. Julio now enjoys three books in a row, talks with his teacher and others. He can recognize numerals 1-9 and several letters. His mother reported that over the holidays, Julio spoke at length with many members of his extended family.

Key

NY - Not Yet
IP - In Progress

READY, SET, GROW provides parenting support to increase opportunities for positive interaction and to enhance the home environment. Parent training includes child development, infant stimulation, communication, positive interaction, discipline, safety, health, and nutrition. Of the 169 pre-school children served last year, 98% of families improved their home environment for their children's readiness to learn.

You have just read stories of a few of the thousands of area children who are currently facing issues of abuse, neglect, hopelessness, lack of skills, violence and fear. Many of them need direction and alternatives to negative behaviors that will affect their future and chances to succeed.

Directions for Youth & Families provides programs that give young people hope and encouragement. Through counseling, prevention, and education, youth learn the importance of staying in school and engaging in activities that will prepare them for leadership and success.

To achieve measurable, lasting change for children, programs also help children understand the importance of tolerance, appreciation for differences, abstinence, respect, self-reliance, responsibility, making the right choices and hard work.

You can HELP

To learn how you, your family, your organization, or your business can help children served by Directions for Youth & Families, please contact us at 614-294-2661, development @dfyf.org or visit our website www.dfyf.org.

Thank you very much for helping us provide direction so that youth & families achieve promising futures. Your help can make a difference one child at a time.

Directions for Youth & Families thanks major sponsors of the 2012 State of the Child Luncheon:

Title Sponsors:

Limited brands

VICTORIA'S SECRET / BATH & BODY WORKS PINK / LA SENZA / HENRI BENDEL



Supporters

Big Lots

Huntington Bank

Nationwide Children's Hospital

Porter, Wright, Morris & Arthur

Robert Weiler Company

Vorys, Sater Seymour and Pease



Nationwide®
On Your Side

Corporate Leader

Honda of America Mfg., Inc

Corporate Underwriters

Bartha
Time Warner Cable

Sponsors

Alliance Data
Battelle
Fifth Third Bank
Grange Insurance
Jones Day

Benefactor

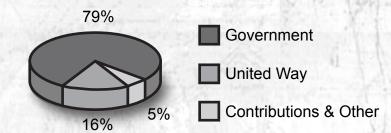
Abercrombie & Fitch
Bricker & Eckler
Cardinal Health
Columbia Gas of Ohio
Dedicated Technologies, Inc.
Park National Bank
Plante Moran, PLLC
Rhema Christian Center
Schneider Downs
Wolfe Enterprises

Statement of Operating Revenue and Expenses for Fiscal Year 2011

Revenues

Government \$5,691,439 United Way 1,122,850 Contributions & Other 344,812

Total \$7,159,101



Expenses

Program Services \$6,204,931 Administrative & Fund-raising 561,237

Total \$6,766,168





Agency Board Members

Karim A. Ali Jakki Allen Wally Bakare Ingrid Brownlee Julie M. Bruewer John Cleland Darlene Davis Robert S. Davis Scott Davis Jene Didlick, CPA Allan J. Dinsmore Isabella Dixon Shirley Duncan Donna Evans, Ph.D. Henry Fayne Sallie Gibson Susan J. Gueli Christopher Joos

Nancy V. Kelly Orie Kristel, Ph.D. Michael J. McCarthy, Jr. Scott Miller Ken Montera Erik Niermeyer Barbara Radous Chad Readler Guy L. Reece II John Rothschild, Jr. Linda Roubinek Stephan Saba Diane Shaub Robert Shenton Ernest L. Sullivan Dave VanStone Daryl Watson Jim Ziminiski

FY 2011 (July 1, 2010 - June 30, 2011)

Directions for Youth & Families served 6,604 clients*

Some of the numbers:

Clients served: Total clients (unduplicated): 6,604*

Number served in counseling and clinical programs: 4,634

Number served in prevention and education programs: 2,195

Number served in parenting/early childhood programs: 574

* Note: Program category numbers equal more than 6,604 because some clients are served in more than one program.

For more program results, visit: http://www.dfyf.org/home/our-programs/programResults.html. Please pass this report on to a friend to read.



1515 INDIANOLA AVENUE COLUMBUS, OHIO 43201 PHONE: 614-294-2661

FAX: 614-294-3247

EMAIL: development@dfyf.org

www.dfyf.org



The stories told in this document are based on actual events that have occurred in the lives of clients of Directions for Youth & Families. The identities have been altered to protect the children and their families.

Printing Courtesy of









